

Walking in Purpose
and Calling in His
Kingdom

Restoring Peace
in a
Distressing World

Inspired to Serve and
Educated for
Excellence

Eternal Light

Christian Counseling Academy



Course Catalogue



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Connect, Inquire, Onboard

Reach out and start your journey with us today.

Welcome!

Welcome to ELCCA, where every lesson learned is like a seed planted in the rich soil of faith, ready to bloom in the hearts of those we serve. Imagine your journey here as a divine adventure—a treasure hunt where each course uncovers the precious gems of wisdom and Spirit-led insight. It's like standing at the helm of a ship guided by God's hand, navigating through the storms of life with compassion as your compass.

There's nothing quite like witnessing God's handiwork in the healing process, watching as broken hearts are mended and burdens are lifted. This isn't just coursework; it's the art of partnering with the Holy Spirit in a dance that brings light to the darkest places. So grab your notebooks, your favorite pen, and maybe even your spiritual armor—because this journey is one of eternal impact.

In His Service,

A stylized, handwritten signature in black ink that reads "Dr. Rob". The letters are fluid and connected, with a large "D" and "R" and a smaller "ob" at the end.

Robert L. Hollis, Ph.D.
Deputy Director
Counseling Supervisor



ELCCA Leadership



Winona Lynne Hollis, Ph.D.
("Dr. Lynne") -- Director

Dr. Lynne's journey into counseling wasn't something she planned—she was already juggling a career and raising three kids full-time. She wasn't out here looking for another title; she just felt that nudge from God to help others. With her heart set on excellence and her faith leading the way, she discovered that pursuing Christian Counseling degrees through a local church was the perfect path to fully step into her calling.

Now, Dr. Lynne pours her passion into her home church's counseling ministry and partners with a local nonprofit, making pastoral counseling more accessible to those who need it most. She's all about meeting people where they are and walking with them as they find healing and hope. It's not just about degrees or titles for her—it's about showing up, being present, and letting God use her to make a real difference in people's lives.



Lisa Goodrich-Connelly
Spiritual Advisor

Lisa passionately believes that every person, man or woman, is individually called by God, and that call is unique to each of us. Drawing from her thesis on women leading in the church, Lisa emphasizes that God has always used women in powerful ways—just look at Rahab, the woman at the well, and the women who supported Paul's ministry. She reminds us that when God places a calling on your heart, it's not about the opinions of others; it's about obedience to Him.

Whether it's in a crowd or a quiet place, whether it's seen or unseen, your calling matters. If God calls you, step out in faith and answer. It's not about fitting the mold—it's about being open to His purpose and walking boldly in it, no matter who's watching. When God calls, He equips, so go ahead and say "yes" to His plan!



Walking in Purpose

Walking in your calling is about being available, willing, and faithful.

In a world that often pulls us in countless directions, there's nothing more grounding than walking in the purpose and calling that God has uniquely designed for you. It's like finding the right key that fits the lock—a sense of peace and alignment that can't be manufactured. At ELCCA, we believe that each of us carries a divine assignment, a piece of God's heart meant to be shared through our lives and work.

Walking in your calling isn't about perfection; it's about being available, willing, and faithful. It's understanding that every step you take in obedience, no matter how small, ripples out into the Kingdom in ways you may never fully see. It's about letting God's light shine through your flaws and strengths alike, and trusting that He can use it all. So, embrace the journey. Your purpose is more than a role—it's a reflection of His glory.



Phase 1

Bachelor's Degree

Phase 1 of the ELCCA curriculum is designed to provide a solid foundation for those called to serve in Spirit-led, evidence-based counseling within the church. This phase is all about equipping you with the essential skills and knowledge to effectively blend biblical principles with practical counseling techniques, creating a truly holistic approach to healing and transformation. Through courses like Basic Christian Counseling, you'll learn to integrate faith into every counseling session, ensuring that spiritual and therapeutic care go hand in hand.

As you delve into Temperament Theory and Testing/Measurements, you'll gain a deep understanding of the unique, God-given temperaments that shape our behaviors, relationships, and emotional well-being. This knowledge becomes a powerful tool in your counseling toolkit, allowing you to address the root of issues with precision and grace. Temperament Therapy will further guide you in crafting personalized therapeutic strategies that honor both the spiritual and psychological needs of your counselees.

By integrating Temperament and Psychology, Phase 1 lays the groundwork for a counseling ministry that is not only deeply compassionate but also grounded in evidence-based practices. This phase ensures you are well-prepared to serve your congregation with excellence, clarity, and the wisdom of Spirit-led insight.

Phase 1: Course Listing

Basic Christian Counseling

Course Length: 10 hours

This course is formatted as an online video or DVD consisting of four hours of instruction. The instructor will provide the student with an overview of the “Big Eight” (types of secular counseling/therapeutic methods). In addition, the student will be taught the difference between Christian and secular counseling, goals, techniques, and several other important topics, such as the dangers and pitfalls of counseling.

Temperament Theory

Course Length: 30 hours

This course is approximately 140 pages in length. The candidate will be provided with an in-depth background of the theory of temperament and provided with the scientific and biblical basis for this theory. This course introduces a fifth temperament and the behavioral patterns of each temperament. The student is required to complete a personal Arno Profile System (A.P.S.) Response Form prior to beginning this course.

Testing / Measurements

Course Length: 3 hours

This course is formatted as an online video or DVD consisting of one hour of instruction. The instructors will introduce the student to the primary tests used by the N.C.C.A. Samples of “Jane Doe” reports will be provided for the student’s review. After reviewing the training video, the student is required to return a Verification Statement to the N.C.C.A., for course credit. Upon receipt of this instrument, the N.C.C.A. will permit the candidate to continue to the next course.

Temperament Therapy

Course Length: 30 hours

This course is approximately 260 pages in length. The candidate will be taught how to apply the theory of temperament in a clinical setting. An A.P.S. start-up packet is included with this course. The student is authorized to begin administering the A.P.S. at this point.

Phase 1: Course Listing (cont)

Christian Counseling: Integrating Temperament and Psychology

Course Length: 35 hours

This course is approximately 145 pages in length. In this study the candidate will be introduced to the definition, theory and practice of biblically based Christian Psychology and counseling and how this relates to N.C.C.A.'s counseling model, Temperament Therapy.

Restoring Peace in a Distressing World

In a world that often feels overwhelming and relentless, finding personal peace can seem like a distant dream. But at ELCCA, we believe that true peace is not just a possibility—it's a promise from God. Our approach to counseling is rooted in the understanding that peace begins within, nurtured by Spirit-led guidance and evidence-based practices. Restoring personal peace isn't about escaping life's challenges; it's about equipping individuals to navigate them with grace, faith, and resilience.



Our courses are designed to help counselors empower others to connect deeply with God's peace, which surpasses all understanding. Through practical tools and biblical insights, we train you to guide others in reclaiming their inner calm amidst the chaos. At ELCCA, restoring peace isn't just a goal; it's a calling. Together, we stand as vessels of hope, guiding those we serve toward the still waters of God's presence.

Phase 2

Master's Degree

Phase 2 of the ELCCA curriculum is designed to deepen your skills and prepare you for independent counseling within the church, utilizing a Spirit-led, evidence-based approach. This phase builds upon the foundational principles learned in Phase 1, equipping you with advanced tools and insights to address complex issues in pastoral counseling. Through courses such as Mastering Pastoral Counseling Utilizing Temperament, you'll explore in-depth strategies for managing stress, anger, and guilt while fostering healthy family relationships, all through the N.C.C.A.'s proven Temperament Therapy model.

Phase 2: Course Listing

Mastering Pastoral Counseling Utilizing Temperament

Course Length: 36 hours

This course is approximately 225 pages in length. The candidate will receive specific information regarding stress, anger and guilt with an emphasis on the need to develop family relationships. This course utilizes the N.C.C.A.'s counseling model, Temperament Therapy.

Temperament Case Studies

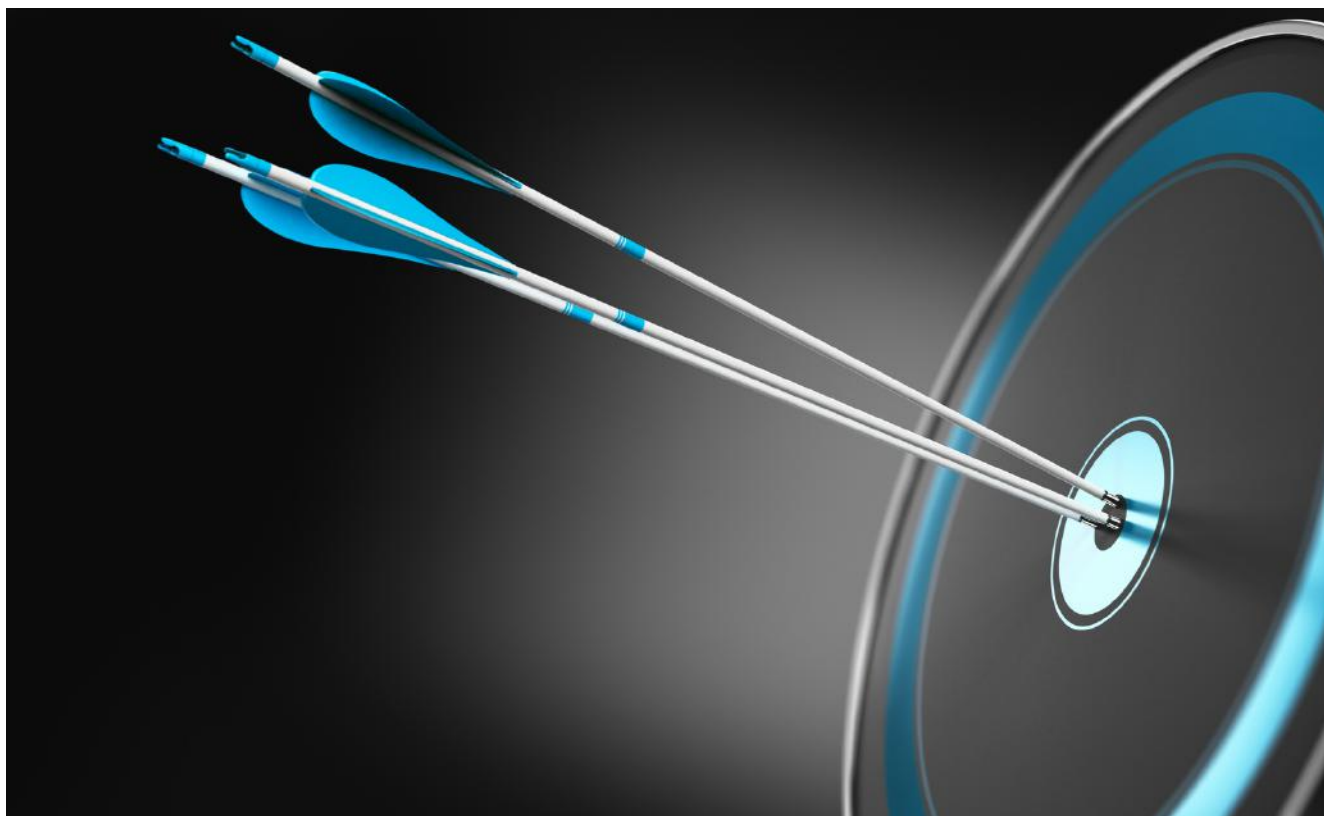
Course Length: 35 hours

This course is approximately 154 pages in length. The candidate will learn first-hand the counseling model used by the N.C.C.A. members and graduates. These case studies utilize the counseling model taught by the N.C.C.A. and also incorporate other testing instruments.

Counseling the Codependent: A Christian Perspective Utilizing Temperament

Course Length: 35 hours

This course is approximately 160 pages in length and is accompanied by a study workbook. The candidate will receive specialized training regarding codependency, which incorporates the counseling taught by the N.C.C.A. The tuition for all N.C.C.A.



Inspiration + Excellence

Cultivating leaders to stand as beacons of hope and healing

At Eternal Light Christian Counseling Academy, we believe that a true calling to serve goes hand in hand with a commitment to excellence. Being inspired to serve is more than a feeling; it's a divine mandate that drives us to offer our best for God's Kingdom. ELCCA is dedicated to equipping you with the education and tools needed to meet that call with both passion and precision. Our programs are designed to merge the depth of Spirit-led guidance with the

rigor of evidence-based practices, ensuring that your service is not only heartfelt but also highly effective.

Every course is crafted to challenge you, grow you, and refine the gifts God has placed within you. We are not just educating counselors; we are cultivating leaders who will stand as beacons of hope and healing in their communities. At ELCCA, you're not just learning—you're being equipped to make a lasting impact.



Phase 3

Doctoral Degree

Phase 3 of the ELCCA curriculum offers advanced, specialized training designed to equip counselors with the expertise needed to tackle the most pressing and complex challenges facing individuals and families within the church. This phase is dedicated to deepening your skills in Spirit-led, evidence-based counseling across a wide range of critical areas, including trauma, addiction, family dynamics, crisis intervention, and more.

Courses such as Integrated Marriage & Family Therapy, Child and Adolescent Therapy, and Temperament Therapy provide targeted strategies to address the unique needs of marriages, families, and youth in your congregation. The Crisis and Abuse Therapy concentration prepares you to guide those navigating the aftermath of violence, crisis, or depression with compassionate, biblically-grounded care.

For those called to support individuals struggling with addiction, Sexual Therapy, or grief, Phase 3 offers robust training that remains firmly aligned with the needs of the church. Whether addressing substance abuse, sexual disorders, or the grief of loss, these courses ensure that you are fully equipped to serve with wisdom, empathy, and excellence. Phase 3 is all about refining your counseling ministry, enabling you to respond to the deep and varied needs of God's people with confidence and care.

Phase 3: Courses

Phase 3 of the ELCCA curriculum requires students to complete two concentrations, allowing them to specialize in the areas that resonate most deeply with their calling. While students have the freedom to choose more than two concentrations, only two are required for graduation. This flexibility empowers each student to tailor their training to the unique needs they feel called to address, whether it's marriage and family therapy, crisis intervention, or substance abuse counseling. We encourage students to follow their hearts in making these choices, but above all, to seek God's guidance in prayer and remain sensitive to the leading of the Holy Spirit. The decision of which concentrations to pursue is not just an academic one; it's a sacred opportunity to align your studies with the ministry God has placed on your life. Trust in His direction, and He will guide you to the path that will best equip you for His service.

Phase 3 Concentrations

Integrated Marriage & Family Therapy

- Marriage and Family Counseling, An Integrated Approach
- Integrated Temperament Couple Therapy
- Pre-Marriage Counseling With Temperament
- The Father-Daughter Connection

Child and Adolescent Therapy

- Counseling Families
- Counseling and Children
- Counseling Youth
- Counseling and The Search for Meaning

Substance Abuse and Addiction Therapy

- Counseling for Substance Abuse and Addiction
- Counseling Adult Children of Alcoholics
- Counseling for Problems of Self-Control
- Counseling Those With Eating Disorders

Crisis and Abuse Therapy

- Counseling for Family Violence / Abuse
- Counseling in Times of Crisis
- Counseling for Anger
- Counseling the Depressed

Phase 3 Concentrations (cont)

Death & Grief Therapy

- Counseling the Sick and Terminally Ill
- Counseling for Post-Traumatic Stress Disorder
- Joy-In the Midst of Mourning
- Counseling Families of Children With Disabilities

Cognitive Therapy & Ethics

- Cognitive Therapy Techniques
- Quality, Ethics and Legal Issues in Christian Counseling
- Making Life Healing Changes
- Christ-Centered Mindfulness

Domestic Violence and Intervention Therapy

Domestic Violence and Intervention Therapy Applicant must have completed Phase 2, be licensed by the NCCA, and completed the Crisis and Abuse Therapy concentration:

- Temperament Case Studies
- Counseling for Substance Abuse and Addiction
- Counseling for Problems of Self-Control
- Counseling Families
- Counseling and Self-Esteem

Group Therapy

Applicant must have completed Phase 2, be licensed by the N.C.C.A. and be Advanced Certified in Integrated Marriage & Family Therapy in order to qualify for this specialty area of Advanced Certification. Then, he/she must complete one additional course titled Group Therapy.



We're Here for You: Connect, Inquire, Onboard

As you consider your journey with ELCCA, please keep in mind that while the course lengths provided are estimates, all courses are designed to be self-paced, allowing you to progress at a rhythm that suits your personal schedule and commitments. Graduation events are held twice a year, in mid-April and early-December. To participate in these celebrations, all tests and practicums must be completed 30 days prior to the graduation date.

For any additional questions or to set up an onboarding call, please feel free to contact us at ELCCA.org. We are here to support you every step of the way.

If your passion lies in helping others and you strive for excellence in your Kingdom service, we encourage you to answer the call and get started today. The need for Spirit-led Christian Counselors has never been greater, and together, we can carry out His Great Commission, bringing hope, healing, and transformation to those in need while bringing them closer in relation to our Lord Jesus Christ. Let's walk this path of purpose with boldness, faith, and a commitment to serve with excellence. Your journey starts here!